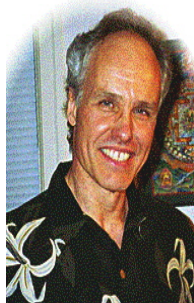


Daytime or Evening appointments can be scheduled either by phone or e-mail. Appointments will be held at Lotus Heart Rising, Sewickley, PA, 130 Willow Ridge Road, Sewickley, PA 15143.

SOUL SOURCE WITH FORREST GREEN

LOTUS HEART RISING PRESENTS SOUL SOURCE—TRANSFORMATIONAL HEALING ENERGETICS® WITH FORREST GREEN April 13 to April 19, 2009



Forrest Green is founder of **SOUL SOURCE**, an avenue for healing energetics, offering individual sessions, to enhance the personal and spiritual well being of children and adults. He is certified in Advanced Holistic Energy Healing, has a Masters Degree in Humanistic Clinical Psychology and is a master improvisational musician. With over 24 years experience as a consultant/facilitator/counselor/presenter in a wide variety of environments including business, government, education, mental health, and spiritual/shamanic settings/conferences/centers he offers an abundance of knowledge, insight, creativity, and love into his work.

Opening to & Integrating Your Unique Soul Essence with Gentleness, Grace, Sensitivity & Compassion

Soul healing is discovering the wisdom and strength of your True Self, your Higher Self or Soul Self—your very essence, the source of your power, joy, self-acceptance, and greatest fulfillment. Guided by your own Soul and Heart, SOUL SOURCE facilitates a pathway into the realm of your Soul and in this space anything unlike your Soul essence begins to easily and readily dissolve. SOUL SOURCE offers the opportunity for you to move more deeply into this state of purity, clarity and love, which heals all things.

Appointments:

- Appointments being scheduled through the Studio, please call or e-mail to setup your appointment.

Cost of Appointments

Appointments are 1 1/2 Hours to 2 Hours in length.

Individual Session: \$125
Couples Session: \$125

**Three Rivers Yoga &
Lotus Heart Rising
130 Willow Ridge Road
Sewickley, PA 15143
Phone: (412)259-8602**

www.threeriversyoga.com
mail@threeriversyoga.com

- Sliding scale after 2 hours with Forrest

Preparation for your appointment with Forrest,

Thanks for your inquiry regarding SOUL SOURCE and your interest in setting up a session as you move forward in actualizing a greater connection with your SOUL SOURCE. It is important to allow a couple of hours, especially for a first session, as I like to proceed in a relaxed and comfortable manner without feeling rushed. I am also willing to work with you on timing so that it is in line with what works best for you. It is also good to set a time when you don't have to jump right up and off into immediate activity. You may find you want to take a few notes of reflection at the conclusion of the session.

As a starting point, my website (link above - <http://soulsorce-energetics.com/>) provides a good picture of who I am and what the process can entail, so I would suggest this as a beginning if you haven't already done this. In terms of the process, I usually start with some gentle breathing to get present and centered, followed by a prayer of intention to set the tone and to attune the session to your Highest Good and Best Interests. From there I like to hear if there is anything you would like me to be aware of on the physical, emotional, mental and spiritual levels, which is not essential, yet can be useful as a way to focus and to highlight any specific issues or areas you are dealing with. Beyond this it really takes off with what your own Soul and Spirit Team presents for bringing you into greater alignment and clarity with your Soul's path and purpose, including physical health and wholeness. If you want to share any additional background, areas you want to address or just have any questions answered I am very open to hearing from you. So, prior to your session if there is anything you think of and want to pass along it is welcome, or just do this review for yourself. If you wish you could send this info via an e-mail (forrest@soulsorce-energetics.com) which is a good way to get yourself ready for a session and for me to have some initial focus.

Since the work is Soul based it transcends, yet accounts for the personality aspects, which we all carry, in this 3D life. Interestingly, the more a person is in alignment with wanting things to shift for the better, the more effective the process is, yet once the Soul takes command the magic happens.

So, if you have any questions I would be glad to answer them. Again, I am glad you have decided to proceed in tapping more deeply into your SOUL SOURCE. I look forward to working with you.

Warm Regards,
Forrest Green

FORREST GREEN
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